



# Wilderness Swimming Permission Form

Your son/daughter will be participating in an Adirondack trek with Summit Base. These treks may involve swimming in wilderness areas such as ponds, lakes and rivers. These swimming areas may not have been checked by the New York State Department of Health (NYSDOH). This in no way means that they are unsafe. Our guides check each swimming area carefully and are trained as lifeguards.

In order to allow swimming in these areas, the NYSDOH requires us to notify you and have your permission in order to allow your child to swim in these areas.

Please sign the following form and return it to your child's unit leader.

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**SUMMIT BASE  
WESTCHESTER-PUTNAM COUNCIL**

**PERMISSION SLIP FOR WILDERNESS SWIMMING**

I give my son/daughter \_\_\_\_\_, my permission to swim in wilderness areas while on trek in the Adirondack State Park with Summit Base.

Parent/Guardian signature: \_\_\_\_\_

Date: \_\_\_\_\_

Print name: \_\_\_\_\_