

## General Base Information

### THE RULES OF THE BASE

From the moment your group arrives at Summit Base you will be exposed to outdoor ethics at their best. We strive to uphold the same basic rules and principles that are adhered to in wilderness areas across the world. We have a great respect for the physical well-being of our facilities, the woodlands that surround us and the individuals we encounter during our programs. We encourage all participants to become familiar with our ethics and to practice them wherever your travels may take you.

Every participant must know that deliberate damage to Summit Base property may result in the person or persons responsible being immediately sent home without return of fee in part or whole. The cost to replace damaged property may be included in the group's or individual's account. Advise participants (and parents) of this policy prior to attending.

### GROUP ROSTERS

Troops are requested to create a roster of participants, both scouts and adults, using our online registration system, the link to which will be sent via e-mail to the trek group. Please include any dietary restrictions in the comments section for each participant.

**Emergency** or Camp business calls only may be made to the High Adventure Director at (914) 449-2613 or Fax # (518) 494-7099.

There are several locations at Summit Base with Verizon cell phone service. Cell phone service in the Adirondack Park is limited at best.

### MEDICAL EXAMS

Before coming to camp, every participant must have a physical examination in the past year. The required form can be downloaded at: <http://www.wpcbsa.org/pubs/ReadMedicalForm.pdf> and the completed form should be scanned and uploaded to each participant's profile in the online registration system at least two weeks prior to the trek group's arrival at camp. Please also bring a hard copy to accompany each participant while in the backcountry.

### INSURANCE

Our Council carries accident and health insurance, through Health Special Risk, Inc. (HSR), on each Scout and adult leader. The cost is included in the camping fees. **Out of Council units must provide their own accident and health insurance.**

In the event a Scout needs medical attention by an outside health care provider, all fees and bills should be handled in the following manner:

- Complete a claim form (available from Camp Health Officer or Council Camping Secretary) from HSR and submit it along with the health care provider's itemized billing statement directly to HSR IMMEDIATELY. Please follow the directions on the claim form completely. HSR will automatically pay the first \$300.00 on every claim. Do not send any completed claim forms and/or bills to the Council Service Center.
- (For claims exceeding \$300.00) Then submit the outstanding bills to the parent/guardian private health insurance.

- After the parent/guardian's insurance has paid their maximum limit, the remainder of the outstanding balance (if any) can be submitted to HSR as a continuation of the original claim. You must provide an explanation of paid benefits from the parent/guardian's insurance along with the claim. Although the claim is originally submitted to HSR, the parent/guardian's health insurance is considered primary. HSR will only make payment on claims over \$300.00 after proof of payment from the primary carrier is presented.

It is the responsibility of the parent/ guardian to ensure that their child's claim (if any) is submitted and satisfied. Please **do not** ask the health care providers to forward claim information or additional bills to the Council or Camp. In the event, there are difficulties with a claim, you may contact the Camping Secretary at the Council for information and assistance (914)-449-2612.

### **PARKING/ AUTOMOBILE USE**

There are designated parking areas at Summit Base for trek groups and for daytime participants.

The speed limit on camp roads is 15 MPH. Seat belts must be worn by all vehicle occupants at all times, this includes while on camp roads. **No one** may ride in the back of a pick-up truck, or in/on a trailer under any circumstances.

### **FIRST AID**

Our guides and base camp staff, at minimum, are all trained in CPR and Wilderness First Aid. There is a NYS Emergency Medical Technician on the property at all times.

### **ALCOHOL/ DRUGS**

Alcoholic beverages, illegal drugs, and illegal use of prescription drugs are not permitted at Summit Base. Anyone found to be in possession of or under the influence of such will be asked to leave.

### **PROHIBITED ITEMS**

The following items are prohibited at Summit Base: guns, sheath knives, aerosol bug spray, pets, fireworks, and chain saws.